



PRODUCT OVERVIEW

Ceylon Cardamom

Company Name: Aromatic Global (Pvt) Ltd.

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Product Description for Cardamom

Product Name: Premium Organic Cardamom

Overview: Discover the enchanting aroma and exquisite flavor of our Premium Organic Cardamom. Sourced from the lush plantations of Sri Lanka, our cardamom is meticulously harvested and processed to ensure the highest quality. Renowned for its versatile culinary applications and numerous health benefits, cardamom is a must-have spice in your kitchen.

Key Features:

- **Superior Quality:** Our cardamom pods are handpicked to ensure they are plump, green, and full of flavor.
- **100% Organic:** Grown without the use of pesticides or synthetic fertilizers, our cardamom is certified organic and free from harmful chemicals.
- **Aromatic and Flavorful:** With its intense aroma and sweet-spicy flavor, our cardamom adds a delightful touch to both sweet and savory dishes.
- **Versatile Use:** Perfect for enhancing the taste of your tea, coffee, desserts, curries, and more. It can be used whole, crushed, or ground.
- **Health Benefits:** Known for its antioxidant, digestive, and anti-inflammatory properties, cardamom is not just a spice but a boon for your health.

Culinary Uses:

- **Beverages:** Add a pod to your tea or coffee for a refreshing twist.
- **Baking:** Enhance your cakes, cookies, and pastries with the sweet-spicy flavor of cardamom.
- **Savory Dishes:** Use in curries, stews, and marinades to impart a rich, aromatic flavor.
- **Desserts:** Perfect for puddings, ice creams, and rice dishes like biryani and pilaf.

Packaging: Our cardamom comes in airtight, resealable pouches to retain its freshness and aroma. Available in various sizes to suit your needs: 50g, 100g, 250g, 500g, and 1kg.

Storage Instructions: Store in a cool, dry place away from direct sunlight to maintain its freshness and potency.

Nutritional Information (per 100g):

- **Calories:** 311 kcal
- **Total Fat:** 6.7g
- **Sodium:** 18mg
- **Total Carbohydrates:** 68.5g
- **Dietary Fiber:** 28g
- **Sugars:** 0g
- **Protein:** 10.8g
- **Vitamins:** Rich in Vitamin C, Magnesium, and Potassium

Health Benefits:

- **Antioxidant Properties:** Helps in combating oxidative stress and promotes overall health.
- **Digestive Aid:** Known to enhance digestion and reduce bloating and gas.
- **Anti-inflammatory:** May help reduce inflammation and improve respiratory health.

Certifications:

- **Organic Certification:** Certified organic by the relevant local authority
- **Non-GMO:** Verified non-GMO product
- **Fair Trade:** Fair Trade certified

Why Choose Our Cardamom?

At Aromatic Global, we prioritize quality and sustainability. Our cardamom is ethically sourced from the best plantations in Sri Lanka, ensuring fair trade practices and support for local farmers. We are committed to providing you with a premium product that enriches your culinary experiences and supports your well-being.

Website: [Aromatic Global](#)